

Arlington Breakfast

Breakfast Burrito

breakfast potatoes, shredded cheese, salsa, eggs* choice of meat, spinach tortilla, panini grilled 14.99 MAKE IT SUPER - green chilies, sour cream, avocado 2.50 MAKE IT SMOTHERED - topped with shredded, turkey chili, enchilada sauce, fresh cilantro 3.50

Corrito

vegan burrito, roasted veggies, breakfast potatoes, onions, mushrooms, hummus, baby greens, avocado, salsa, spinach tortilla, panini grilled. 14.49 (V/VG)

MacWalden

english muffin, house made sausage patty, egg*, sharp cheddar 8.49

SMASH WALDEN - includes avocado smash, monterey jack 2.00

The Birdie

egg* sandwich, tomato, sharp cheddar, special sauce, choice of bread brushed with herb oil + panini grilled 11.49

SCHMAGEL

cream cheese, smoked salmon, mixed greens, red onion, tomato, capers, fresh dill, balsamic vinaigrette, choice of bagel 17.49

Avocado Toast

toasted squaw bread, avocado smash, hummus, red onion, feta, roasted tomato, pistachio (V/VG - no feta) 15.49 TWERK IT - topped with crispy bacon, 2 poached eggs* 3.99

Bagel & Spread

toasted choice of bagel- plain, everything choice of spread-cream cheese, pesto cream cheese, butter, peanut butter (V/VG) or hummus (V/VG) 6.49

PowerHouse Oatmeal

banana, walnuts, dried cranberries (V/VG) 10.49

Power Scramble

eggs* scrambled with chicken, baby greens, roasted veggies, mushrooms, topped with feta and fresh basil. (GF) 16.49 served with fruit & sliced tomatoes

BURRITO MEAT OPTIONS

bacon, sausage, ham, carnitas, chorizo, chicken, roasted vegetables

BAGEL OPTIONS

plain, everything

CHEESE OPTIONS

cheddar + jack, feta, monterey jack, sharp cheddar



Arlington Lunch

Mayberry

toasted choice of bagel, pesto cream cheese, baby greens, tomato, onion, basil infused oil (V/VG) 14.99 ADD AVOCADO 2.00

Ouinoa Bowl

quinoa blend with green chickpea, edamame roasted bell pepper, poblano and onions, avocado smash, feta, salsa verde (GF) choice of chicken, carnitas 16.49

MAKE IT VEGAN - With roasted veggies + roasted Mushrooms

House Salad

mixed greens, walnuts, dried cranberries, onions, tomatoes, feta, garlic crostini, house made balsamic vinaigrette (V/VG-No feta, GF-No Crostini) 14.49 ADD MEAT 3.99 ADD AVOCADO 1.25

Soup of the Day

8oz 6.99 16oz 7.99

BREAD OPTIONS

sourdough, sweet french roll, multigrain, gluten free bread, gluten free tortilla

Chanini

chicken, tomato, onion, fresh basil, monterey jack, spicy calabrese aioli, choice of bread brushed with herb oil + panini grilled 16.49

CAB

sliced chicken breast, avocado smash, bacon, onion, tomato, baby greens, monterey jack, rosemary aioli, choice of bread brushed with herb oil + panini grilled 16.49

BLT

toasted choice of bread, bacon, lettuce, tomato, mayo, 14.49

ADD AVOCADO 2.00

La Tortanita

bolillo roll, pork carnitas, house-made salsa verde, sliced onion, tomato, avocado, monterey jack, cilantro, parmesan cheese 16.49

Turkey Chili

topped with red onion, crispy bacon, cheese, garlic crostini (GF - no crostini) 8oz 7.99 16oz 9.99

ADD MEAT OPTIONS

chicken carnitas smoked salmon